

# *Mt. Lebanon Church*

Adult Sunday School Lesson

8.9.2020

Please look up and read all verses in their entirety. I have only written partial verses.

Make your own notes, write down other scriptures that you run across while studying, write down questions that you may have or comments as well. Allow the Holy Spirit to reveal to you what he would have you to see through the study of Gods word.

David Against Goliath

## 1 Samuel 17: 40 – 51.

In our Christian lives, it is easy to miss out on the greatness of God, due to worldly fear. Instead of conquering by our faith, we allow ourselves to be paralyzed by our fears. We give into fear very easily, when we feel that our enemies are bigger and stronger than we are. So how do we conquer by faith, instead of being paralyzed by fear.

We must trust in Gods power.

We must understand our spiritual abilities, to conquer our fears.

We must find peace and comfort in the victories given to us by God.

Trusting in the power of God.

In order, to trust in the power of God, we must base our faith in God. We must put aside our willingness to trust in our own strength, which is conquered by our weaknesses, and we must believe upon the Lord Jesus Christ.

Our weaknesses are a part of our being. Sadly, most of us do not know how to control, or overcome our weaknesses. The weaknesses in our life, will cause us to fall into temptation. Temptation, if not overcome through obedience, to the working of the Holy Spirit, turns into deception, deception into transgression, which is therefore, sin against God. Sin weakens our spiritual abilities, and in turn, has an adverse effect on our physical bodies as well. Not only do we become spiritually weak, but, physically weak as well.

**1 Corinthians 11: 30 – 32,....**for this reason many are weak and sick among you....

Paul, explained this to the Corinthian church, when they fell to temptation, and followed after deception, when it came to the Lords supper. Man, does not always examine himself, through the direction of the Holy Spirit, so he, therefore unworthily, does these things before an almighty God, which is a mockery to the workings of God. All do, to the lack of faith, which produces weakness in our spiritual life as well as our physical bodies. So, how do I over come this, I trust in Gods power.

**Psalms 56: 1 – 4,....**whenever I am afraid, I will trust in you....In God I have put my trust....

Not only did David say, that whenever I am afraid, I will trust in you, but, he went on to say, in God I have put my trust. It is very easy to say a lot of times, what our intentions are, it is a lot different, to actually carry them out, we can only do this by trusting in Gods power.

**Matthew 15: 3 – 8,....**these people draw near to me with their mouth, and honor me with their lips, but their heart is far from me....

It takes more in our life than just knowing Gods word, we must have an understanding as well. We gain this through spiritual maturity.

**1 Corinthians 13: 11,....**when I was a child, I spoke as a child, I understood as a child, I thought as a child, but when I became a man, I put away childish things....

God not only wants us to accept his free gift of salvation, but he wanted us to have an understanding of it as well, and, all the blessings of opportunity that comes with it.

**James 2: 14 – 17,....**also faith by itself, if it does not have works, is dead....

Trusting in Gods power, also allows us not only to say, but to do. We should not allow the world that we live in today to overcome us with fearfulness. It is just worldly words such as Goliath spoke to David. There is no power behind it, because, it is of the world. As believers, we have the power of God, if we will only trust in him. Not only to confront those things of the world, but through his power and his might, to overcome and destroy those things that are a hinderance and a mockery to our salvation.

Next,

**We must learn to understand our spiritual abilities so we may conquer our fears.**

To understand this, we need to know what abilities God has given to us and where they come from. They come through the indwelling Holy Spirit that we were baptized in, at the time of our salvation.

**Acts 1: 7 – 8,....**but you shall receive power, after that the Holy Spirit has come upon you....

Christ, while walking upon the earth, with his disciples, teaching, and preaching, the power of the Father to all those who would believe, gave examples of the mighty power of God, that comes through the gift of the indwelling Holy Spirit. As it was with the disciples, it is with us today, we still do not understand our spiritual abilities and how to conquer our fears. Christs examples of feeding the multitudes, gathering fish in the boat, overcoming adversaries, were all fears that the disciples had to overcome, and Christ showed them how to overcome these, through the mighty miracles of the power of God, that he performed. Like the disciples, we as Christians, just look upon these as mere miracles, that were performed by Christ, without the understanding, that these were examples of the mighty power of God, which we possess, through the workings of the Holy Spirit, by our salvation.

**Mark 11: 20 – 24,....**I say to you, whoever says to this mountain, be removed....and does not doubt in his heart, but believes, that those things he says will be done....

Although Paul was not inspired to write it down until many years later, David, proclaimed it when he went up against Goliath in battle.

**Philippians 4: 13,....**I can do all things through Christ Jesus who gives me my strength....

Our spiritual abilities to conquer our fears comes from Christ. Our understanding of these abilities comes through the indwelling Holy Spirit, which was so generously given unto us. This means, of understanding, comes by the qualities of the gifts, that the Holy Spirit brought unto us within, when he came to dwell in our hearts.

**Galatians 5: 22 – 25,....**The fruit of the spirit is, love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, self control....

We may not think that David possessed these qualities, when he went into battle and slew Goliath. Due to the nature of his actions, and the outcome of the events that took place, these are exactly the qualities we must have in our spiritual life, not only to conquer our fears, but to understand the spiritual abilities that we have, to be able to do the same.

**We must find peace and comfort in the victories given to us by God.**

To many times in our lives, we do not get to fully experience the peace and comfort of our victories, because, our victories, are so shortly lived. Whether it is due to so many trials and tribulations, and battles going on in our lives, that we feel there is no time between them to enjoy our victory, or maybe, we allow Satan to begin to bring doubt and confusion through deception, to whether we actually overcame our perseverance through these trials and tribulations.

Whatever the reason, we must remember, that God allows us to go through these things in our life, so that we may grow in our faith, that we may mature in his wisdom, and knowledge, to gain a better understanding of his salvation in our lives. Therefore, he will make time in our lives to find peace and comfort in the victories given to us by him, but we must look to him for this as well.

**Psalms 23,....**The Lord is my shepherd....he restores my soul....I will fear no evil, for you are with me....I will dwell in the house of the Lord forever....

The Lord God showed David many times how to find this peace and comfort and inspired him to write these things in the Psalm, so that we may find peace and comfort in them as well.

How do we find peace and comfort through victory. We find it in Gods word. So many of us live such demanding lives in this world, that we do not find the time to study and meditate upon the word of God as we should. Therefore, we miss out, a lot of times on the blessings, of our victories in our salvation, that God has freely given unto us. The word of God is the most important weapon that we have in the battle of our trials and tribulations, that we have going on in our lives, and sadly, it is the least used. This word that we have, a living word, which is Christ himself, is our greatest asset.

**John 1: 1 – 4,....**In the beginning was the word, and the word was with God, and the word was God....and the word became flesh and dwelt among us, and we beheld his glory....

What a great and mighty proclamation of what we have been given unto us through these powerful inspired words of John.

**John 1: 10 – 11,....**he was in the world....he came to his own, his own did not receive him....

Although we as Christians have accepted the salvation of Jesus Christ, we will not understand, or find peace and comfort, if we do not fully believe him. Christ is in the world with us today, through his living word, which is in the lives of the church, the body of Christ. The word still becomes flesh every day, to dwell among us, through the salvation of so many that freely accepts God through his son. Why must we trust in Gods power, why must we understand our spiritual abilities to conquer our fears, why must we find peace and comfort in the victories given to us by God. It is not only for the fullness of our salvation, but for the salvation of others, which more importantly is for the glory of God.

David did not fight Goliath just because Goliath was threatening the people, he fought Goliath because he was challenging an almighty God, and his saving grace. God will empower us in our lives today to be victorious, with the understanding, that every victory leads to salvation. When we begin to see the need of Gods grace and his mercy in the lives of all those around us, and not just see the needs of our own, then the battles that we are fighting, becomes the battles that are won, and the victory goes to, and belongs to God.

Let us pray.

If anyone has any questions, comments or would just like to discuss any of the scriptures, feel free to call, text or email me. Keep praying for each other and all the God lays upon your heart. Hope to see everyone soon. God Bless.

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