

Mt. Lebanon Church

Adult Sunday School Lesson

11.13.2022

Please look up and read all verses in their entirety. I have only written partial verses.

Make your own notes, write down other scriptures that you run across while studying, write down questions that you may have or comments as well. Allow the Holy Spirit to reveal to you what he would have you to see through the study of God's word.

Obedience in Rest

Exodus 31: 12 – 18

The seventh day, the sabbath day, the first day of the week, all reflect Gods rest and satisfaction in reference to creation, and also to redemption, which is a testimonial to the newness of life in Christ.

A sign, a covenant, a free gift, so that humanity may recognize the authority and the leadership of God, through obedience to his word, so that we may know that (I am) is the Lord.

Exodus 3: 14,....God said unto Moses, I am that I am, and he said, thou shalt say....I am hath sent me unto you....

Gods' main objective through creation was to create a people for himself, starting with the children of Israel, and then onto the church, which is the body of Christ. To create a people that would learn the truth of his word, and then display that truth unto the world.

To have this kind of relationship with God would take total commitment and devotion to his purpose and plan, which can only come through justification and sanctification. This process, is a process of taking something that is sinful and lost, separating it from the fallen stature of the world, and making it holy and useful unto God.

While the command to observe the sabbath day and keep it holy served its purpose under the law, it is the only commandment that is not reaffirmed unto us in the scripture with the coming of the grace dispensation period.

Mark 2: 27 – 28,....then he (Christ) said unto them, the sabbath was made for man, not man for the sabbath....so the Son of man is Lord even of the sabbath....

Christ, through the crucifixion and the resurrection, became our rest, therefore, mankind is commanded to make every effort to enter into that rest, so that none may perish because of disobedience, but so that all may have eternal life.

Matthew 11: 28,....come unto me all ye that labor and our heavy laden, and I will give you rest....

Salvation is by faith believing in Christ alone. It does not come by observing and keeping worldly events. Humanity wants to hold on to some aspects of the law, but they do not want to be obedient to the truth of that same law.

If you remember in Numbers, Chapter 15: 32 – 41, a man gathering sticks on the sabbath was brought to Moses and Aaron, and the Lord said the man would be put to death, by the congregation, by means of being stoned. Then they were to sew a blue ribbon into the border of their garment as a reminder to, not only remember the commandments of the Lord, but to do them, and not to seek after their own heart, because I am the Lord your God.

Continuing in disobedience to God, and rejecting his word, can only result in spiritual death, which is eternal separation from God.

Romans 14: 5 – 9,....one man esteemeth one day above another, another esteemeth every day alike, let every man be fully persuaded in his own mind....for none of us liveth to himself, and no man dieth to himself....whether we live therefore, or die, we are the Lords....for to this end Christ both died, and rose, and revived, that he might be Lord both of the dead and living.

As Christians, we must serve the Lord every day. Christ fulfilled the law, so therefore we are no longer under the law, but the law is still there to show unto us our disobedience, and our need for a savior.

Romans 6: 14,....for sin shall not have dominion over you, for ye are not under the law, but under grace....

Galatians 4: 4 – 7,....when the fulness of time was come, God sent forth his Son....made under the law....to redeem them that were in the law, that we might receive the adoption of sons....wherefore thou art no more a servant....then an heir of God through Christ....

Christ came to pay the purchase price for those who would believe in him, to purchase mankind from the curse that comes with the law, because humanity cannot keep the law perfectly. Therefore, Christ came, so that mankind could escape the need to follow the works of the law endlessly, with no hope of ever escaping the slavery of our own sinfulness. Through salvation we find forgiveness from sin, and now belong with God.

Exodus 31: 12,....the Lord spake unto Moses, saying, speak....unto the children....verily my sabbaths ye shall keep, for it is a sign....that ye may know that I am the Lord that doth sanctify you....ye shall keep the sabbath therefore, for it is holy unto you, everyone that defileth it....that soul shall be cut off....whosoever doeth any work in the sabbath day, he shall surely be put to death....keep the sabbath....for a perpetual covenant....it is a sign between me and the children....forever....and he gave unto Moses....two tables of testimony....written with the finger of God....

God used the example of his seventh day of rest as a distinct sign between himself and the nation of Israel. The sabbath day was a witness of the covenant that God gave unto his children through Moses. It was a reminder that they were to be a consecrated people, who were set apart unto God, from the world. It was a relationship sanctified by God himself. The seventh day of creation which was Gods Day of rest, was before sin entered the world, and this sin became the fall of man. The sabbath day for the children of Israel was to be a sign which pointed them to a promised future day of rest, sanctified by Gods own Son, when he would make right, all the sinfulness of the world, and then set up his eternal kingdom.

Israel's sabbath rest was to be a sign that pointed to Christ, a sign that would set them apart, a sign of their sanctification and purpose that God had in store for them, to make them distinct from all other people on the earth.

Because Israel rejected their messiah at his first coming, God set them aside for a season, and called upon the Gentiles to become his sanctified people for a period of time. Now those, who by faith believing, have accepted the saving grace of Jesus Christ, are Gods sanctified people, that are commanded to go forth and tell the world of Gods goodness, and mercy, and grace. It is Christ who is the ultimate sabbath rest for all who will freely accept him.

John 17: 10 – 19,....all mine are thine, and these are mine, and I am glorified in them....keep through thine own name those whom thou hast given me, that they may be one, as we are....that they might have my joy fulfilled in themselves....I have given them thy word....I pray....that thou shouldst keep them from evil....sanctify them through thy truth, thy word is truth....for their sakes I sanctify myself, that they also might be sanctified through the truth....

It is through Gods rest on the seventh day, his sign of the sabbath day, and his covenant with humanity on the first day of the week in which he himself teaches believers to depend upon him, and it is up to the believer to tell the next generation. All of Gods people are set apart for his purpose, and all are renewed for that purpose through his rest. God strengthens us in his will as we gather in remembrance of who he is, and what he has done for us. Mans standards of rest is forever changing, but Gods rest, and will, for mankind will always endure.

Let us Pray.

If anyone has any questions, comments or would just like to discuss any of the scriptures, feel free to call, text or email me. Keep praying for each other and all the God lays upon your heart. Hope to see everyone soon. God Bless.

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