Mt. Lebanon Church

Adult Sunday School Lesson

4.23.2023

Please look up and read all verses in their entirety. I have only written partial verses.

Make your own notes, write down other scriptures that you run across while studying, write down questions that you may have or comments as well. Allow the Holy Spirit to reveal to you that he would have you to see through the study of God's word.

The Bread of Life

## John 6: 22 – 35

There are those within the body of Christ that are following after the worldly concept, that the church should be socially political, which gives unto mankind a false sense of spiritual understanding. This false sense of spiritual understanding will then overshadow the godly truth in our life, which will allow our service unto the Lord to be of no effect.

Mark 7: 13,....making the word of God of none effect through your tradition, which ye have delivered, and many such like things do ye....

We might remember that Christ knows our heart, and he knows when we are using our godly characteristics for worldly benefit. The word of God warns us not to seek after those things which have no eternal value, but we are to seek spiritual godliness that will endure forever.

**2** Peter 3: 3 - 4,....knowing this first, that there shall come in the last days scoffers, walking after their own lusts, and saying where is the promise of his coming....

The work of the false teachers, who follow after their own worldly desires, is to encourage Christians to join in with them, teaching them that this will help in proving themselves to be worthy of being accepted by God.

In this week's lesson we will come to know the difference between those who give the appearance of knowing the way of righteousness, and those who truly are living in submission to the godly truthfulness of Jesus Christ.

John 6: 22 – 27,....when the people stood on the other side of the sea they saw....that Jesus went not with his disciples....when the people saw that Jesus was not there....they....came to Capernaum, seeking for Jesus....when they found him....the said unto him, Rabbi, when camest thou hither? Jesus answered....and said, verily, verily, I say unto you, ye seek me, not because ye saw the miracles, but because ye did eat of the loaves, and were filled....labor not for the meat which perisheth, but for that meat which endureth unto everlasting life, which the Son of Man shall give unto you...

Humanity is inclined to seek after material satisfaction rather than spiritual satisfaction. Coming to the Lord for anything other than spiritual godliness does not follow Gods purpose and plan for our life. There are those who claim the righteousness of God, but they are not really seeking God, instead they are just looking for entertainment and popularity. Everything that we find in the word of God relates to that which is spiritual. This is because all material things will eventually pass away, therefore we must seek after that which is eternal. Just think of all the effort we put into gaining worldly materialistic things which will eventually deplete our lives. Remember that lasting life can only be found in Jesus Christ. Christ is our life's source, our purpose, and our destination. Only God gives us life that is both everlasting and has meaning.

John 3: 30 - 35,....he must increase, but I must decrease....he that cometh from above is above all, he that is of the earth is earthly....he that received his testimony hath set to his seal that God is true....the Father loveth the Son, and hath given all things unto his hand....

In our life, Christ daily must become increasingly important, and our life in the world must become less significant. We must learn to resist the temptation that would have us become of some great importance in the eyes of those whom we minister unto, for this would diminish the importance of Christ. People cannot follow us and Christ, so therefore, it should be our goal to lead people to follow after Christ, and to help others see the importance of walking with God. A humble heart will help us to graciously step aside so that others might fulfill their spiritual roles in Christ Jesus. When we step into circumstances on our own, and we try to help God, we will find that we are actually working against what God desires to do. God will accomplish that which he intends to accomplish when we follow after his will. The more that we acquire the proper characteristics of God, the easier it is for us to humble ourselves, and step out of Gods way so that he may work within us.

John 6: 28 – 29,....then said they unto him, what shall we do, that we might work the works of God? Jesus answered....this is the work of God, that ye might believe on him whom he hath sent....

There are those believers who feel that if they could just prove themselves worthy of being accepted by God that they will be alright spiritually, this is because of their belief, that by earning social status they might gain security in their salvation. Unbelievers must believe upon Christ unto salvation, believers must continue to believe upon Christ so that our faith may grow, and that our trust in the written word of God will continue. We do not labor for everlasting life because it is a free gift, but once, by faith believing we have accepted that free gift, we now labor for the message of everlasting life, this is a symbol of our true purpose in the Lord. The word of God challenges us to work for that which endures unto everlasting life.

John 6: 30 – 35,....they said....what sign showest thou then, that we may see, and believe thee? What does thou work? Jesus said unto them....my Father giveth you the true bread from heaven....for the bread of God is he which cometh down from heaven, and giveth life unto the world....then said they unto him, Lord, evermore give us the bread....Jesus said....I am the bread of life, he that cometh to me shall never hunger, and he that believeth on me shall never thirst....

In order for mankind to use the word of God to justify their actions, they first must compare it to their own worldly self-righteousness, this will minimize the true effect of the power of God. Therefore, only worldliness can satisfy the physical needs. Christ, however, if we will seek after his will, he will satisfy our spiritual maturity, and our eternal hope. People need to know that Christ does not promote worldliness, but he will provide unto us spiritual sustenance. Christ provides all that we need to sustain our Christian life, this means that those who put their trust in Christ will never lack for spiritual nourishment, because Christ is the never-ending source, the one who is the very word of God **Isaiah 55: 2,....**do you spend money for that which is not bread? And your labor for that which satisfieth not?.... eat ye that which is good, and let your soul delight in fatness....

We strive after that which we think that we need, because we strive for that which we do not understand....Only God truly knows what we must strive for, therefore, only God can give unto us that which we must strive for, therefore only God can give unto us that which we are striving after. As Christians, we must not ignore our spiritual condition, but we should speak after those things which feed the soul. Worldly wealth, fame, and material goods might make us happy, but will never fulfill us nor satisfy us. Only God can satisfy the needs of our soul, and only God can sustain us, through the truth of his word.

**1** Corinthians 15: 1 - 4,....moreover, brethren, I declare unto you the gospel, which I preached....which also you have received, and wherein ye stand....by which....ye are saved....unless ye have believed in vain....for I delivered unto you....how that Christ died for our sins....that he was buried, and that he rose again....according to the scriptures....

If what we are listening to is not grounded in the unchanging word of God, then it is not the truth. As Christians, we stand in our salvation, because our position in God and our eternal life is secure in him. However, if we want to grow in faith, and spiritually mature, so that we might experience the provisions and the blessings of our salvation, then we must be steadfast, and obedient to the truth of the gospel. The deliverance that God desires for us first would be deliverance for the penalty of sin, second it would be deliverance from the power of sin, and third it would be deliverance from the presence of sin. The gospel that saved us, will continue to sanctify us, and one day will glorify us. This all comes through Christ Jesus who is our bread of life.

Let us Pray.

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