Mt. Lebanon Church

Sermon

6.4.2023

Please look up and read all verses in their entirety. I have only written partial verses.

Make your own notes, write down other scriptures that you run across while studying, write down questions that you may have or comments as well. Allow the Holy Spirit to reveal to you that he would have you to see through the study of God's word.

From Whence Cometh My Help

Psalm 121: 1 – 2, 8

All believers can and should proclaim that: my help comes from the Lord. No matter what we might face in life, God is with us, providing all that we need to live a life of Godliness. In every situation we are assured that God will transform our challenges into spiritual growth, which will glorify him. As being part of the body of Christ we are called to live a life of godliness, which means to live our life in spirit and in truth, in total dependence upon Christ. With this position in Christ comes privileges that were given unto us as a free gift of God's grace and all that we will ever need to live a godly life that is pleasing unto the Lord. This can only come by the divine power of God, for it is Gods divine power that saves the sinner, it is his divine power that enables us to live a godly life, and it is his divine power that insures us that sin no longer need have a hold on our life. Everything that you or I will ever achieve, that portrays eternal life and godliness, will be achieved through the work of the Holy Spirit, who indwells within us. For only God can equip us to mature in our faith, and grow in his grace, so that we may come into a fuller and deeper understanding of the knowledge of his word, which will strengthen our relationship in him.

Matthew 11: 28,....come unto me, all ye that labour and are heavy laden, and I will give you rest....

Humanities relationship with God often time fails because man is more interested in their temporal needs being met, then they are in their spiritual needs. This lack of a mature relationship with God will cause physical weariness, emotional exhaustion, and spiritual fatigue. Christ alone is the one who can meet all our needs, from saving the sinner from eternal separation with God, to restoring the Christian in the fulness of his righteousness, God is the one from where every man's help comes from.

Psalm 121: 1-2, 8,....I will lift up mine eyes unto the hills, from whence cometh my help....my help cometh from the Lord....

Trusting in God is the key to feeling secure and confident. Why is it important to know this, because occasionally Christians will find themselves in situations, wondering who or what is going to protect them, or keep them healthy and safe. Worry is a crippling, worldly emotion, which causes us to make decisions based upon worldly fear instead of godly gratitude. The word teaches us that we do not have to live in worldly fear, because we have a gracious God who watches over us.

Let us look at three reasons why we should see that the answer to the question, from whence cometh my help, the answer is the Lord our God.

The first reason is that God will give unto us a new life in Christ, which sets us free from sin, and he will deliver us from all unrighteousness, and it all starts with salvation.

Romans 6: 23,....for the wages of sin is death, but the gift of God is eternal life through Jesus Christ our Lord....

There is nothing more important to man than knowing the way of salvation. Getting humanity to understand this is all part of our service to God. Humanity does not see themselves as sinners, because they compare themselves to others that they consider to be less worthy than they are. Therefore, mankind ignores the truth of God's word, and do not consider that they need to be saved. For this reason, many will try to find an alternative to heaven, based upon their good deeds. Even today, man tries to imagine various ways to have eternal life, but God in His wisdom and knowledge proposed that there would be one way and one way only, and that is through His Son.

John 8: 32,....and ye shall know the truth, and the truth shall make you free....

John 14: 6,... Jesus saith unto him, I am the way, the truth, and the life, no man cometh unto the Father, but by me....

Eternal life is open to all who will receive it, and it is important for us to understand that salvation is a free gift from God, which demonstrates unto us His mercy and His grace. The word of God speaks of those who are without Christ are slaves to sin, those who believe that they are not good enough, but ultimately, they only have themselves to blame for their disobedience. These are those who earn eternal death, which is eternal separation from God. But there is another way, and that way is that we can become servants of righteousness by faith beleiving in Christ Jesus. Eternal life is a free gift, it cannot be earned, it can only be given.

The second reason we want to look at is that God gives unto us peace so that we may overcome our worldly desires. He takes care of us, he supplies all of our needs, and he will never leave us nor forsake us.

Philippians 4: 4-7,....rejoice in the Lord always, and again I say rejoice....let your moderation be known unto all men....the Lord is at hand....in everything by prayer and supplication....let your request be made known unto God....and the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus....

Everyone wants to believe that they are living godly lives, but in order to do so we must live a life acceptable unto God, which honors the Son. Therefore, we must stand fast in our faith of the gospel of Jesus Christ.

Philippians 4: 19,....but my God shall supply all your needs according to his riches in glory by Christ Jesus....

Hebrews 13: 5-6,....for he hath said, I will never leave thee, nor forsake thee....so that we may boldly say, the Lord is my helper, and I will not fear what man shall do unto me....

As believers, we are encouraged by Gods word to depend entirely upon the Lord for everything, for his word is true, and his promises are sure. Therefore, we must be humble and sincere, seeking to live our life the way that God had intended according to His perfect plan and will. Through this, God will guard our hearts and our minds in Christ Jesus.

Thirdly, God will provide us eternal life with Him.

1 John 5: 13,....these things have I written unto you that believe upon the name of the Son of God, that ye may know that ye have eternal life, and that ye may believe on the name of the Son of God....

Our love for God should be one that we would earnestly desire to bring others to a knowledge of the Lord Jesus Christ, and to trust in His saving grace. As Christians, we should never have to guess about whether or not we will have eternal life, but we should be confident enough in our eternal salvation as to share it with others. Those who know God and His love will also love others enough to show forth the evidence of God in their lives. Recognizing our need for help is a matter of examining our life according to the truth of God's word, which will also give unto us the understanding of where our help will come from. My help cometh from the Lord.

Let us Pray.

If anyone has any questions, comments or would just like to discuss any of the scriptures, feel free to call, text or email me. Keep praying for each other and all the God lays upon your heart. Hope to see everyone soon. God Bless.



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