

Mt. Lebanon Church/ Big Isaac Community Church

Sunday School Lesson

7.26.2026

Please look up and read all verses in their entirety. I have only written partial verses.

Make your own notes, write down other scriptures that you run across while studying, write down questions that you may have or comments as well. Allow the Holy Spirit to reveal to you what he would have you to see through the study of God's word.

Gods Hope for Exiles

Jeremiah 29: 1 - 14

Gods hope is our unwavering assurance that his promises are true. It is our spiritual anchor. giving unto us a peace of mind that shifts our focus away from our temporary worldly circumstances to his eternal purpose in our life. It means relying upon him and his unchanging nature, which results in being filled with his joy by the power of the Holy Spirit. Hope is active, and requires purpose, it acts with courage and brings about long term change. Hope transforms hardships into endurance, and provides spiritual stability, becoming the source of our inner strength and obedience. Hope is sustained through prayer, and study, and meditation in the truth of Gods word.

Romans 15: 13,....now the God of hope fill you with all joy and peace in believing, that ye may abound in hope, through the power of the Holy Ghost....

As believers, when we place our hope and trust in God, the Holy Spirit fills us with peace, and with the expectation of everlasting, eternal joy, regardless of the difficult circumstances in our life. Christ is the foundation of our hope, which allows us, with patience, to share with others the truth of his saving grace. The believer's hope is a living hope that always focuses on the fulfillment of God's promises, desiring salvation for all of mankind.

Romans 8: 24,....for we are saved by hope....

Jeremiah 29: 1 – 4,....these are the words of....Jeremiah....to....all the people whom....had carried away captive....saying....thus saith the Lord....unto all that are carried captive, whom I have caused to be carried away....

God reveals unto all of mankind, through his word, that nothing in our life is accidental, whether we see it as blessings or challenges, these are purposeful circumstances that he uses to call unto us to trust in his ultimate plan of redemption. God claims ownership of our journey in life, and he reminds us daily that he is in control. So, he encourages us to live in the present, and to serve him faithfully even when conditions are not ideal. So, we are to seek after those things that help us to mature spiritually, so that we might become a blessing and a guiding light to the world around us.

Romans 11: 36,....for of him, and through him, are all things, to whom be glory for ever....

Everything originates in God. Everything is maintained by his power, and everything exists for his ultimate purpose. So, God is the starting point of everything in existence. Everything is actively held together and empowered by him, therefore, as believers, we must rely upon his daily grace in our lives, for everything that we do is intended to bring honor and glory unto him.

Jeremiah 29: 5 – 7,....build ye houses....dwell....and plant....and eat....take ye wives....beget sons....and daughters....take wives for your sons....give your daughter's to husbands....that ye may....not be diminished....seek the peace of the city, whether I have caused you to be carried away captive....pray unto the Lord for it, for in peace thereof shall ye have peace....

As believers, we are to make the best of every God given situation, for it was according to his purpose that he has placed us in this opportunity. Often times, the opportunities that God has placed us in are not going to end immediately, therefore, we are called to seek out the good in every circumstance, and in all people, never condoning wickedness, but always through prayer and supplication we lift up these circumstances before the Lord.

Galatians 6: 10,....as we have opportunity, let us do good unto all men....

As believers, we are not meant to wait for just the perfect moments in our life in order to live according to the spirit of God. We are to naturally look to all opportunities, so that we might recognize and use these chances that God gives unto us, no matter how challenging, for we are to serve him by actively seeking to help with the needs of others. We are called to show forth the love of God to everyone, promoting spiritual well-being, by our faith. Whatever the circumstance, there is always a way to do good works and glorify God.

Jeremiah 29: 8 – 10,....thus saith the Lord....let not your prophets....deceive you....they prophesy falsely....in my name, I have not sent them, saith the Lord....thus saith the Lord....I will visit you, and perform my good word toward you....

So, as believers, we must not let false teachings and wishful thinking deceive us. We are not to listen to promises of instant deliverance, but we are to trust in Gods timing and remain patient in those things that we are going through. Let us therefore seek Gods will, rather than trying to force our own timeline. Spiritual obedience means finding peace and purpose in the middle of the difficult challenges that we are facing. Hardships will not last forever, they will only last as long as it takes for God to establish his work within in. Even though we may feel that he is absent in our life, he is actively watching over those who remain faithful and obedient to his word, for he will lead his people out of the wilderness into a place of renewed righteousness.

Jeremiah 29: 11,....for I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end....

No matter how difficult our present circumstances seem, God has a purpose for our life, and he will always lead us to a place of peace. Therefore, God asks us to remain faithful, and productive, trusting that are present struggles are part of his greater plan. So, rather than immediate worldly wealth, we are to look to his spiritual hope of our secure future in Christ Jesus, regardless of earthly trials and tribulations.

Jeremiah 29: 12 – 14,....then shall you call upon me, and ye shall go and pray unto me, and I will hearken unto you....ye shall seek me, and find me, when ye shall search for me with all your heart....I will be found of you....I will gather you from all nations....whither I have driven you....I will bring you again into the place whence I caused you to be carried away captive....

There is power in a sincere, wholehearted relationship with God. It assures us that no matter what the circumstances, he is attentive and responsive to our needs. He promises to be not only present, but active during every situation in our life. Therefore, we are invited to turn to him in prayer, and in his word find peace, and direction, and restoration for our weary souls. This means that even through life's distractions we will feel his presence by his indwelling Holy Spirit, when we have a genuine desire to seek after him above all else, for he desires to be found by those who earnestly look to him. Our focus on God leads us to a heartfelt renewal and freedom in Christ. God will break the chains of bondage, those things that hold us captive, for this is the ultimate promise of his plan of redemption. Gods ultimate plan for mankind is spiritual healing, for he desires that all men would be saved and come to the knowledge of truth.

Let us Pray

If anyone has any questions, comments or would just like to discuss any of the scriptures, feel free to call, text or email me. Keep praying for each other and all the God lays upon your heart. Hope to see everyone soon. God Bless.

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