

Mt. Lebanon Church/ Big Isaac Community Church

Sunday School Lesson

8.2.2026

Please look up and read all verses in their entirety. I have only written partial verses.

Make your own notes, write down other scriptures that you run across while studying, write down questions that you may have or comments as well. Allow the Holy Spirit to reveal to you what he would have you to see through the study of God's word.

Gods Promised Land

Jeremiah 30: 1 – 11, 18 - 22

Man, through his own wisdom, will experience throughout life: panic, fear, and distress, but God promises a day of restoration. A promise that is fulfilled as he breaks the yoke of bondage in our life, when, by faith, we believe upon the sacrificial work of his Son and his resurrection, whereby through him, God has committed to save his people from their sins. Christ came to rescue humanity from becoming spiritually separated from the Father, and gives unto us his power, through the indwelling Holy Spirit, to turn away from the lustful desires of the flesh and eventually put an end to the presence of sin, bringing us into a fulness of our relationship with God. The result of Christ righteous actions became justification and eternal life for all mankind, for Christ is God eternal. He became flesh, he lived a sinless life, he offered himself a perfect sacrifice on our behalf, and his death eternally conquered sin and death, and provided the atoning sacrifice for the whole world, so that all, who by faith believing in him might be saved, and brought into his promised land.

Jeremiah 30: 1 – 4,....the word that came....from the Lord....saying, write thee all the words that I have spoken unto thee in a book....for....I will bring....the captivity....and I will cause them to return to the land that I gave to their fathers, and they shall possess it....these words the Lord spoke concerning Israel and....Judah....

Gods' commitment does not change, whether it was yesterday, today or forever. Now for Israel and Judah it was promises of restoration, unwavering faith, and deliverance from captivity. For us as believers today it is the same, but given as a promise of spiritual healing, and one of permanent restoration through Christ Jesus. Now, even in what we believe to be our darkest times, God promises eternal hope long before anything actually takes place. God will rebuild what sin and suffering has torn down, and he will reward his people with his grace, and give unto us hope for our future, he will turn sorrow into comfort and joy, but first we must turn to him.

Joel 3: 12 – 13,...therefore....saith the Lord, turn ye even to me with all your heart....and rend upon your heart....and turn unto the Lord your God, for he is gracious and merciful, slow to anger, and of great kindness....

Gods grace is always available; it is never too late in our life to turn unto him. This requires complete surrender and sincerity, therefore, just an emotional public show of sadness is not enough, he wants us to show forth a willing repentant heart, where through prayer and study we examine the life that we are living, for continued disobedience will result in his judgement and wrath. The grace and mercy of God, even when seen through tragedies and adversities, is in fact his divine appeal to mankind to repent of their sins and turn to him. True repentance brings with it an outwardly demonstration of an inward change and is a requirement for all of mankind so as to experience the goodness of God, which remains available to all those who will simply trust in his word.

Jeremiah 30: 5 – 9,....thus saith the Lord, we have heard a voice of trembling, of fear, and not of peace....it is even the time of Jacobs trouble, but he shall be saved out of it....I will break his yoke from off thy neck, and will burst thy bonds....they shall serve the Lord their God....

When, as believers, we turn away from God, we are trading spiritual peace for worldly fear and anxiety. Just as labor pains come before the miracle of birth, an emotional humbling is required, which God allows to bring repentance, and then comes the miracle of restoration. Now, no matter how painful trials and tribulations become, God promises that destruction will not be the end result. Even during the time of the great tribulation many will have a spiritual awakening and be saved. So, through Christ there is spiritual redemption, and by his power, the burden and weight of sin is removed, relieving worldly fear, which leads to peace and restoration in the presence of God. It is our faith in Christ that takes our focus away from the slavery of sin and into a closer relationship with God, where we find perfect peace and eternal security in him.

Jeremiah 30: 10 – 11,....fear thou not....neither be dismayed....I will save thee from....captivity....shall return....shall be in rest....none shall make him afraid....for I am with thee....yet will I not make a full end of thee, but I will correct thee in measure....and will not leave thee altogether unpunished....

When we turn to God, we overcome worldly fear because his grace is greater than our current crisis, and his reach is always long enough to guide us back into his protection. Gods promise is one of comfort and rest for our weary soul. Even in our weaknesses he claims us as his own.

Matthew 11: 28 – 30,....come unto me, all ye that labour and are heavy laden, and I will give you rest....take my yoke upon you, and hear of me, for I am meek and lowly in heart, and ye shall find rest for your souls....for my yoke is easy, and my burden is light....

Life can often time become exhausting, especially as we rely upon our own self-reliance for inner peace. But Christ replaces worldly exhaustion with his grace and his love as long as we allow him to take the weight of life's burdens. Through his saving grace we have the security of knowing that he shares our daily worries, which brings a quietness to our soul. Through faith, we live in complete dependence upon him, trusting in his strength through our obedience to his word, so that we might know him intimately through our relationship with him.

Jeremiah 30: 18 – 22,....thus saith the Lord....I will bring....the captivity oftents....and the city shall be builded upon their own heap....out of them shall proceed thanksgiving....I will multiply them....they shall not be few....I will glorify them....they shall not be small....there children....shall be as aforetime....shall be established before me....I will punish all them that oppress them....I will cause him to draw near....

God promises to those who will by faith, believe, divine restoration and spiritual healing. He promises to reverse the unfavorable conditions in the lives of all mankind and show compassion by establishing a joyful future for those who have suffered loss. He uses our pain and our failures as the foundation for an opportunity of repentance and a new beginning, a reality of spiritual stability in our life. No situation is too far gone for him to restore back to its proper place. To a place filled with peace, and joy, and thanksgiving, an eternal restoration, throughout all generations. He will establish teachers who will point people to Christ, which opens the way to a direct relationship with him.

Jeremaiah 30: 22,....ye shall be my people, and I will be your God....

This is a sacred, unshakable bond, a commitment where God, through Christ makes a covenant to save and to protect his people, and we as believers promise to be obedient and to love him and one another just as he through Christ has loved us. So, no matter how far we might fall from grace, Gods ultimate intent is to have an intimate union with his people and bring all of mankind into his promised land.

Let us Pray

If anyone has any questions, comments or would just like to discuss any of the scriptures, feel free to call, text or email me. Keep praying for each other and all the God lays upon your heart. Hope to see everyone soon. God Bless.

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